

# Alcohol Hair Test

The alcohol hair test is an indicator of a behavioural issue — not current impairment. It measures average alcohol consumption over a period of approximately three months, indicates the level of alcohol use during that time-period, and can indicate a pattern of excessive use—a behaviour rather than an event. The test measures the amount of ethyl glucuronide (EtG) in the hair – a trace metabolite of ethanol and a direct alcohol biomarker – and follows the guidelines determined by the World Health Organization in association with the Society of Hair Testing for measuring consumption.

LEVEL	RESULT
<b>0-1.9pg/mg</b>	<b>Negative (below reliable quantifiable measure)</b>
<b>2-29.9pg/mg</b>	<b>Mild to Moderate Consumption</b> (An average of approximately 8-16 standard drinks per week)
<b>30+ pg/mg</b>	<b>Excessive Alcohol Consumption</b> (An average of approximately 4-6 standard drinks per day, consumed over 3 months)